



Free At Last: Community Recovery And Rehabilitation Services

Fiscal Year 2015-2016 Annual Report/Appeal: November 2016

OUR MISSION:

To rebuild the community from within, reclaiming addicts and giving people who failed in the past the chance to succeed in the future.

Thank you for helping us advance our mission and for sharing in our successes in the past year!

Free At Last partners with the County of San Mateo, Behavioral Health and Recovery Services to help break the cycle of addiction in our community by providing substance abuse treatment programs and services.

Here are a few of last year's highlights:

- Achieved Drug Medi-Cal clinic certification by the State of California Department of Health Care Services for our Outpatient Drug Free and Women's Residential Programs
- Made home improvements to the Men's Residential buildings, thanks to the generous support of Habitat for Humanity Greater San Francisco, Rebuilding Together Peninsula, Menlo Church, and community volunteers
- Designed a new website, generously funded by the Silicon Valley Community Foundation. Please take a look! www.freetatlast.org

FY 15-16 Individuals Served:

- **8,208** drop-in center sign-ins
- **1,460** individuals received prevention and outreach information and/or referrals
- **37** outpatient program clients
- **111** DUI first offender program participants
- **50** women's residential program clients
- **80** men's residential program clients
- **30** transitional clean and sober housing tenants
- **11,817** Alcoholics Anonymous and Narcotics Anonymous sign-ins



*Randy Chambers
Free At Last's Men's Residential Director*

David Lewis Award Honors Individuals Who Make a Difference

From *Wellness Matters*, San Mateo County Mental Health and Substance Abuse Recovery Commission

David Lewis was a remarkable man, who transformed the recovery community and East Palo Alto in particular through his inspiring work with addiction programs and the criminal justice system. The San Mateo County Mental Health and Substance Abuse Recovery Commission presents the David Lewis Award to individuals who have made an extraordinary difference in the lives of people challenged by substance abuse disorders and in the San Mateo County community. This year we are pleased to honor Randy Chambers, the Men's Residential Director at Free At Last.

Thank you to the generous organizations that support our cause!

San Mateo County, Behavioral Health and Recovery Services
1 East Palo Alto
City of East Palo Alto
Second Harvest Food Bank
Philanthropic Ventures Foundation
Rebuilding Together Peninsula
Habitat for Humanity Greater San Francisco
Menlo Church and Members
United Way CA. Capital Region
Nimbus Design
Microsoft
Fidelity Charitable Gift Fund Grant
Jim Davis Automotive
Jewish Community Federation
The Benevity Community Impact Fund
J. Downey Harvey Barron Foundation
Mission City Charities
Silicon Valley Community Foundation (SVCF)
The Maidenherren Fund of the SVCF
Ericsson Employee Engagement Fund of the SVCF
Atkinson Foundation
Bay Area Black United Fund
Stanford Memorial Church and Members
Heritage Bank of Commerce
The San Francisco Foundation
Castellano Family Foundation
Lyngso Garden Materials, Inc.
First National Bank of Northern California
Taproot Foundation
Mental Health Service Act
TOSA Foundation
NORCAL Combined Federal Campaign
Mission City Charities, Inc.



L to R Gerardo Barragan (Chief Operating Officer)
Fane Finau (Finance Director)
Sue Cortopassi (Chief Executive Officer)

David Lewis Award -- continued from the front page.

Randy Chambers exemplifies being an outstanding alcohol and drug counselor. He is supportive, compassionate, and an excellent role model who provides leadership, education, guidance and never-ending support to his clients, alumni, staff, and the East Palo Alto community he serves.

Countless stories have been shared at graduations by clients about how he has helped them change their life. Without his leadership and guidance, they wouldn't have made it through the program.

Randy believes in each of his clients and is able to guide them through the recovery process to help them succeed. He is an amazing advocate and champion of our clients who is always willing to give 110%. He makes sure Free At Last is able to help clients succeed in a wide variety of areas (i.e. 100% abstinence from drugs and alcohol, rebuilding relationships with family members, securing a job, and becoming productive and self-sufficient members of the community.) We are blessed to have Randy Chambers at Free At Last and part of our community.

We hope you will consider an end-of-year donation!

Free At Last needs your help today. In our minds, recovery is truly a team effort. From having counselors in recovery, to partnering with many outside agencies, to our alumni forming support groups, Free At Last applies a community-based model for recovery. We'd love to have you join our recovery community through a donation.

We appreciate any donation. With your support, we can continue to operate and grow our programs, better enabling us to empower those on their path towards recovery.

Compared to the work that clients in recovery are doing, writing a check or donating on Free At Last's website is easy. www.freeatlast.org We can all do a little bit more. Please give what you comfortably can. No amount is too small or too large.

Donations are tax deductible to the extent allowable by law; no gifts or services will be provided for your contribution. All donors receive a receipt suitable for your tax records.

And lastly, thank you to our kind individual supporters:

Vicki Smothers. Dorsey Nunn. Janet Thomas. Jerome Walker. Jose Capistran. Robert Hoover. Kathleen and Douglas Alexander. Armando Castellano. Tara Morgan. Weston Anderson. Yolanda and Harlan Cooper. Kenneth Rolandelli. Mark Hlady. Lori Cancilla. LaNita Hogue. Arturo Samayoa. George Casazza. Ronald Haak. Joan Goldner-Lasofsky. Lisa Hughes. Bruce Cozadd. Sharolyn Kriger. John and Nora Doolittle. Kathryn Hecht. Kathryn Crankshaw. Barry and Marjorie Scott. Sue Etheridge. Gertrude Moore. Susan Fairbrook. Helen Doneux. Mary Mickle. Elizabeth and David Kingwill. K.L. Mayer. Kathleen Casazza. Ronni and Jeffrey Weiss. Molly O'Dea. Bonnie Burdett. Jane Carpenter. Stefanie Bonigut. Joan and Ara Prigian. Judith Rochlin. Jan and Bob Fisher. Jo Ann and. Thomas Adams. Barbara Kalt. Thomas Anthony. Dr. Gerald and Mary Jane Hamel. Mary Moore and Tom Presta. Marie and Douglas Barry. Mary Southam. Elizabeth Landsverk. Jonathan Felder. Suzanne Martin and John Doyle. Douglas Karlson. James and Jessica Thomas. David and Diane Feldman. Richard Wohlstadter. Clem and Jane Molony. Carolyn Spitz. Fran Wagstaff. Linda Jackson. Owen Byrd. Linda Beyce. Michael Edell. Duane Bay and Barbara Noparstak. Patricia O'Shea. Jim Davis. Sri Raga Velagapudi.



1796 Bay Road
East Palo Alto, CA 94303
(650) 462-6999
www.freeatlast.org